SOCIAL WELFARE & CAFE S

CAFEXCLASS

Fun life,

Far out at sea the water is as blue as the bluest cornflower, and as clear as the clearest crystal; but it is very deep, too deep for any cable to fathom, and if many steeples were piled on the top of one another they would not reach from the bed of the sea to the surface of the water. It is down there that the Meremen live.



Now don't imagine that there are only burn white sands at the bottom; oh no! the most wonderful trees and plants grose there, with such flexible stalks and leaves, that at the slightest motion of the water they move just as if they were alive. All the fish, big and little, glide among the branches just as, up here, birds glide through the air. The palace of the Merman King lies in the very deepest part; its walls are of coral and the long pointed windows of the clearest amber, but the roof is made of mussel shells which

03

2020 March

カフェで楽しむ! オトナの習いごと

CAFEX

The Merman King had been for many years a widower, but his old mother kept house for him; she was a clever woman, but so proud of her noble birth that she wore twelve oysters on her tail, while the other grandees were only

Come together Challenge



Otherwise she was worthy of all praise, especially because she was so fond of the lattle mermaid princesses, her grandchildren. They were six beautiful children, but the youngest was the prettiest of all; her skin was as soft and

MONTHLY & CAFE×CLASS

SUNDAY	MONDAY
1	2
脳トレ 日曜イベント カラオケ	脳トレ 夢LIFE <u>ハーモニカ</u>
8	9
脳トレ 日曜イベント カラオケ	脳トレ 夢LIFE カラオケ
15	16
脳トレ 日曜イベント カラオケ	脳トレ 夢LIFE <u>ハーモニカ</u>
22	23
脳トレ 日曜イベント カラオケ	脳トレ 夢LIFE・ <u>折紙</u> 編み物
29	30
脳トレ 日曜イベント カラオケ	<i>フラワーアレンジメント</i> 夢LIFE カラオケ

VDAY	TUESDA
	3
<u></u>	脳トレ カラオケ リズム体操
	10
	脳トレ <i>書道</i> カラオケ
	17
= <u>力</u>	脳トレ <u>お抹茶</u> カラオケ
	24
· <i>折紙</i>	脳トレ カラオケ リズム体操
	31
<u> </u>	脳トレ カラオケ リズム体操

TUESDAY	WEDNESDAY
·V	4 脳トレ
った オケ 、ム体操	夢UFE カラオケ
	11
·レ 道 iオケ	脳トレ 夢LIFE カラオケ
	18
·レ <u>未茶</u> ·オケ	脳トレ 夢LIFE/ <i>お抹茶</i> カラオケ
	25
·レ ラオケ 【ム体操	脳トレ 夢LIFE カラオケ
トレ ラオケ	
《ム体操	1

TUESDAY	FRIDAY	SATURDAY
5	6	7
脳トレ	脳トレ	脳トレ
<u>麻雀</u>	<u>笑いヨガ・編み物</u>	カラオケ
カラオケ	カラオケ	リズム体操
12	13	14
脳トレ	脳トレ	脳トレ
<i>麻雀</i>	<u>英会話</u>	<u>パッチワーク</u>
カラオケ	カラオケ	カラオケ
19	20	21
脳トレ	脳トレ	脳トレ
<i>麻雀</i>	<u>アロマ石鹸</u> (お抹茶	カラオケ
カラオケ	カラオケ	リズム体操
26 脳トレ <i>麻雀</i>	27 脳トレ <i>書道</i> カラオケ	28 脳トレ <u>パッチワーク</u> カラオケ



All the livelong day they used to play in the palace in the great halls, where living flowers gree out of the walls. When the great amber windows seere thrown open the fish warn in, just as the swallows fly into our rooms when we open the windows,



Outside the palace was a large garden, with fiery red and deep blue trees, the fruit of which shone like gold, while the flowers glowed like fire on their ceaselessly waring stalls. The ground was of the finest said.



Your wonderful life continues,

06-6715-2188

母森島 母松永 母岩本 母山口